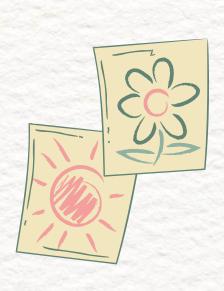




# Create a Clear Vision for Life & Business





### Create a Clear Vision for Life & Business

Now that you've reflected on the past year, it's time to shift gears and intentionally design the year ahead. This step is all about clarity, not just goal-chasing, but creating a vision that inspires you to show up every day. One that aligns your personal growth with your professional purpose.

#### Why Vision Matters

Think of your vision as your internal GPS. Without it, you may stay busy, but you're rarely moving in the direction you truly want. Creating a crystal-clear picture of what your ideal life and business look like gives meaning to every decision and action.

This isn't about dreaming vaguely.
It's about building a realistic,
energizing picture of your year, with
both strategy and soul.

## Lifestyle Planning Strategies

Here are four key life categories to clarify:

- 1. Health & Wellness
- 2. How do you want to feel physically and mentally every day?
- 3. What habits will support your energy and mood?
- 4. Relationships & Community
- 5. What kind of people do you want to surround yourself with?
- 6. How do you want to show up in your closest relationships?
- 7. Growth & Creativity
- 8. What will you learn, create, or explore this year just for you?
- 9. Any passion projects or hobbies to prioritize?
- 10. Lifestyle & Freedom
- 11. What does a typical day look like?
- 12. Where do you want to live, work, or travel?

### Business Strategy for the Year

#### Time to bring the focus to your business. Think:

- What impact do I want my business to have this year?
- What income or freedom goals feel exciting and motivating?
- What offers, services, or products do I want to launch?
- What marketing platforms or systems do I want to simplify or scale?

#### Use these categories:

- Revenue goals
- Core offers
- Audience growth strategy
- Content or visibility plan
- Delegation/system upgrades

You don't need all the answers—sketch out what success looks like in 12 months. Be bold but honest.

### Optional: Make It Visual (And Fun!)



Now turn your written vision into something visual and inspiring!

#### **Options:**

- Physical vision board: Grab magazines, scissors, glue, and a poster board.
- Digital version: Use Canva, Notion, or Pinterest to create your digital collage.
- Hybrid: Print your digital vision and hang it near your workspace.